

	☎ School 604.496.5115 ☎ OPERATIONS: 604-787-8604
	EARLY LEARNING PROGRAM ❖ DAYCARE BEFORE/AFTER SCHOOL CARE
	info@gcamontessori.ca www.gcamontessori.ca

SUPPLY LIST

IMPORTANT: PLEASE KEEP THE LIST WITH YOU, DO NOT RETURN WITH THE REGISTRATION FORM. THANKS.

The child will need the following items, please make sure he/she brings everything on the first day. **Please clearly label every single item with your child's name.**

- 2 photographs 5cm X 7cm (passport size)
- Change of clothes
- Inside shoes or slippers
- Healthy lunch – **see below for information**
- Cut fruit for snack time
- Extra snack for the afternoon
- Blanket
- All-in-One Modern Daycare 'Nap Mat' (22 X 48 or 55 cm X 121 cm) with elastic corner straps. Roll up, close with Velcro straps, and carry the handle. Please check the brand name Tot-Cot as an option. **No large bed sheets, please.**
- Diapers and wipes if needed.

LUNCH GUIDELINES

Please bring your child's lunch that includes a nutritious balanced meal; to ensure that your child is able to finish his/her lunch, it is a good idea to listen to his/her input regarding the contents and the quantity they eat. It is our policy that we send home the leftover food so parents can monitor their intake of food.

LUNCH BOX MUST INCLUDE:

- An ice pack (two ice packs will be even better) to make sure that the food items stay fresh.
- Cutlery – Please don't send any special or expensive items.
- All containers and cutlery must be clearly labelled.
- Insulate and microwave-safe containers (including soup containers) to make sure it stays warm by lunchtime or if reheating is requested.
- Safe water bottle. We found drinking bottles that are leaking or not fully closed that dripped and wet the whole lunch box.

PLEASE DO NOT INCLUDE:

- **PEANUTS** and **ALL OTHER NUTS** (e.g., tree nuts, cashews, hazelnuts, almonds, etc.)
- Candies, chocolate, or any sugar-laden items, etc.
- "Cup of noodles" or "Instant macaroni" and other foods that take a long time to heat or prepare.
- Processed, pre-packaged foods are **highly discouraged**.